



# BADMINTON



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- **Badminton is** a racquet sport



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- **It is played** by either two opposing players (singles) or two opposing pairs (doubles)



- **Players take positions** on opposite halves of a rectangular court divided by a net.



- **Players score points** by striking a shuttlecock with their racquet so that it passes over the net and lands in their opponents' half of the court.
- Each side may only strike the shuttlecock once before it passes over the net.
- **A rally ends** once the shuttlecock has struck the floor

- **Because shuttlecock flight is affected by wind**, competitive badminton is played indoors.



- **Badminton is also played outdoors** as a casual recreational activity, often as a garden or beach game.



- **Since 1992**, badminton has been an Olympic sport with five events:
  - Men's and women's singles
  - Men's and women's doubles
  - Mixed doubles, in which each pair consists of a man and a woman



- At high levels of play, especially in singles, the sport demands excellent **fitness**: players require aerobic stamina, agility, explosive strength, speed and precision.

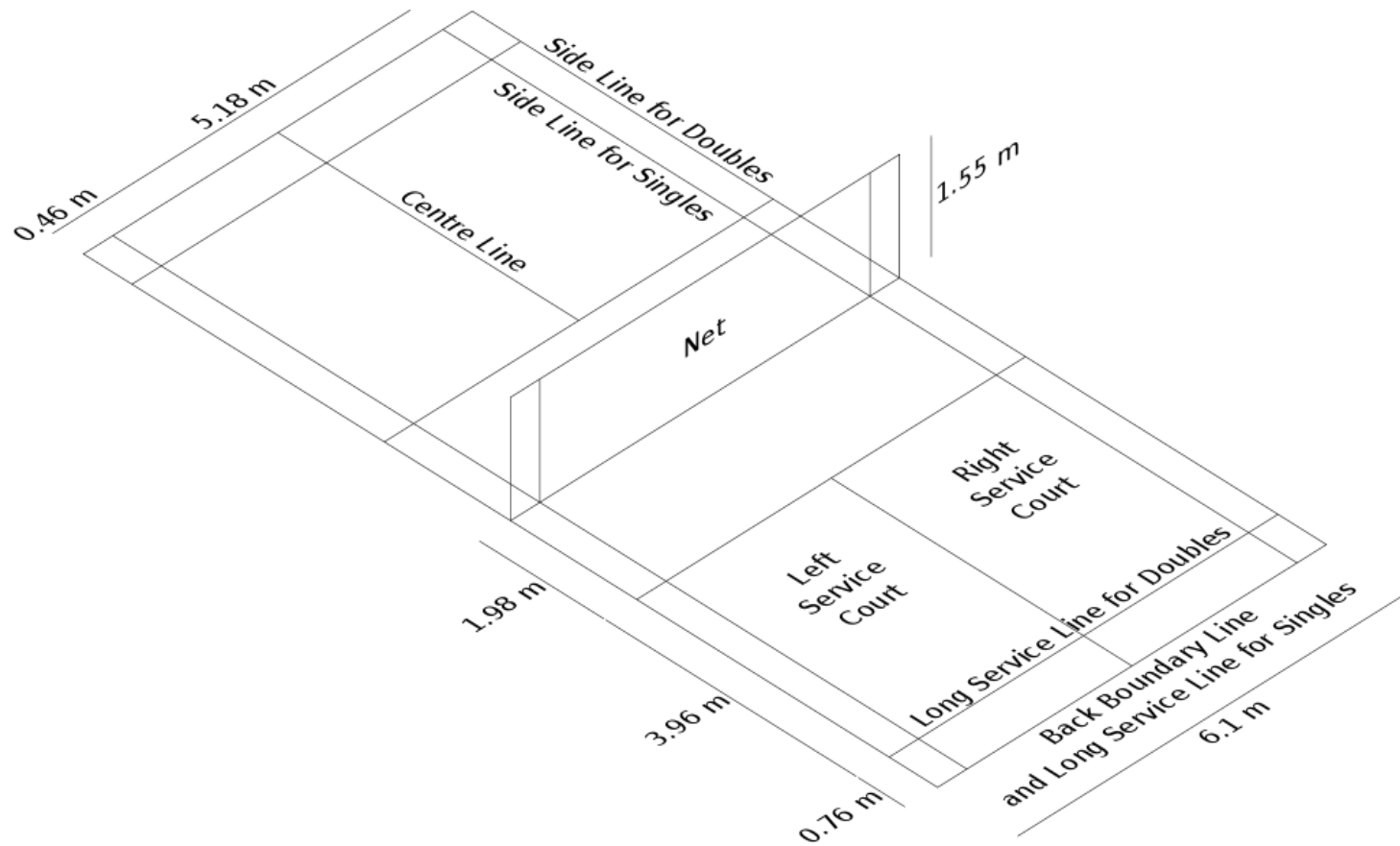


- It is also a technical sport, requiring good motor coordination and the development of sophisticated racquet movements



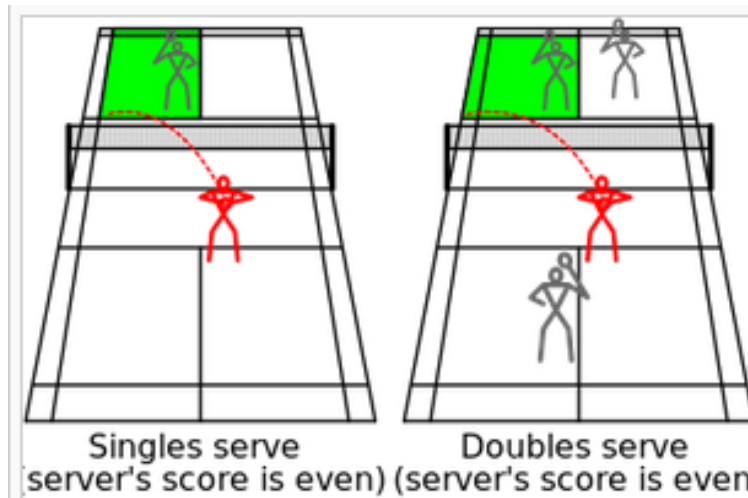


# Playing court dimensions



# Serving

- When the server serves, the shuttlecock must pass over the short service line on the opponents' court or it will count as a fault.



# Scoring

- **Each game** is played to 21 points
- **A match** is played to the best of three games

# Equipment

- Rackets



- Shuttlecock

